

## Alpana - Bangladesh



### Pictures of Alpana



### What is Alpana?

Alpana is a style of traditional floor painting often practiced at festivals or special occasions such as weddings. Items that feature regularly in alpana are the sun, rice stems, owls, fish and lotus flowers.

Participants could think about what they might use to represent their community.

### Required Materials

Either:

- Chalk (12),
- A large surface such as a playground.

Or:

- Coloured paints (12),
- Sugar paper (12),
- A classroom with tables or a large working floor space.

### Preparation and how to do it

Before the session, look up some examples of alpana online.

Start with an introduction to alpana and show some examples of what it looks like. Ask them to think about what they might want to draw/paint, and what represents them and the people around them.

Distribute materials and go outside (weather permitting) and start drawing.

At the end participants can show their alpana and talk about what they've drawn.